

PEER ALLIANCE RECOVERY CENTER (PARC) BRONX

May 2024 Calendar of Activities

BRONX – 510 Courtlandt Ave, 2<sup>nd</sup> Floor / Bronx NY 10451 (929)-244-1500 / [parcbronx@samaritanvillage.org](mailto:parcbronx@samaritanvillage.org)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Computer Lab is open daily from 10am to 5pm.</b></p> <p><b>For more information on TRAININGS, contact us at (929) 244-1500 or <a href="mailto:parcbronx@samaritanvillage.org">parcbronx@samaritanvillage.org</a>.</b></p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p> <p>3:00pm to 5:00pm Recovery Club – Chess w/Chuck</p>	<p><b>4</b></p> <p>2:30pm to 4:00pm NA Meeting</p>	<p><b>5</b></p> <p><i>Health Fair at St. Mary's Park</i></p> <p><b>Center CLOSED</b></p>
<p><b>6</b></p> <p>9:30am to 4:30pm Recovery Coach Training</p> <p>1:00pm to 2:00pm Self-Talk w/Byron</p>	<p><b>7</b></p> <p>9:30am to 4:30pm Recovery Coach Training</p> <p>11:30 to 12:30pm Auction Game w/Mayra</p>	<p><b>8</b></p> <p>9:30am to 4:30pm Recovery Coach Training</p> <p>11:30am to 12:30pm Exploring Social Anxieties &amp; Solutions w/Chuck</p> <p>7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336</p>	<p><b>9</b></p> <p>9:30am to 4:30pm Recovery Coach Training</p> <p>11:30am to 12:30pm Coffee &amp; Communication w/Mayra</p> <p>3:00pm to 5:00pm Recovery Club - Karaoke w/Mayra</p>	<p><b>10</b></p> <p>9:30am to 4:30pm Recovery Coach Training</p> <p>12:00pm to 1:30pm Virtual Narcan Training</p> <p>2:30pm to 4:00pm NA Meeting</p>	<p><b>11</b></p> <p>10:30am to 1:30pm Movie Matinee – Argylle w/Tom &amp; Marnette</p>
<p><b>13</b></p> <p>9:30am to 4:00pm Peer Ethics Training</p> <p>12:00pm to 2:00pm QPR Training (Suicide Prevention)</p> <p>11:30am to 12:30pm Summer Stressors &amp; Triggers w/Jesus</p>	<p><b>14</b></p> <p>9:30am to 4:00pm Peer Ethics Training</p> <p>11:30am 1:00pm Mothers in Recovery Event w/Marnette</p> <p>1:00pm to 2:00pm PARC Vision Team Mtg.</p>	<p><b>15</b></p> <p>9:30am to 3:30pm Peer Ethics Training</p> <p>11:30am to 12:30pm Morning Stretch w/Mayra</p> <p>7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336</p>	<p><b>16</b></p> <p>3:00pm to 5:00pm Recovery Club – Chess w/Chuck</p>	<p><b>17</b></p> <p>2:30pm to 4:00pm NA Meeting</p>	<p><b>18</b></p> <p><b>CLOSED</b></p>
<p><b>20</b></p> <p>11:30am to 12:30pm Participant Orientation &amp; Discussion w/Antionette</p> <p>1:00pm to 2:00pm Self-Talk w/Byron</p>	<p><b>21</b></p> <p>11:30am to 1pm Financial Literacy Workshop w/Chuck &amp; MCU Representative <b>RSVP required</b></p>	<p><b>22</b></p> <p>11:30am to 12:30pm Morning Inspiration – “Positive Vibes” w/Marnette</p> <p>7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336</p>	<p><b>23</b></p> <p>11:30am to 12:30pm Coffee and Communication w/Thomas</p> <p>3:00pm to 5:00pm Recovery Club – Board Games w/Antoinette</p>	<p><b>24</b></p> <p>12:00pm to 1:30pm Virtual Narcan Training</p> <p>2:30pm to 4:00pm NA Meeting</p>	<p><b>25</b></p> <p><b>CLOSED</b></p>
<p><b>27</b></p> <p><b>CLOSED</b></p> 	<p><b>28</b></p> <p>11:30am to 12:30pm Coffee and Communication w/Mayra</p> <p>3:00pm to 4:00pm Men's Workshop “From Boyz to Responsible Men” w/Byron</p>	<p><b>29</b></p> <p>11:30am to 12:30pm Goal Setting Workshop w/Jesus</p> <p>1:00pm-2pm LGBTQ Workshop w/ Byron</p> <p>7:00pm to 8:00pm Staying Connected Mtg. Zoom ID: 567 484 6336</p>	<p><b>30</b></p> <p>9:30am to 4:30pm Sustaining Recovery through Wellness &amp; Self-Care Training</p> <p>3:00pm to 5:00pm Recovery Club – Dance to the Drummers Beat w/Mayra</p>	<p><b>31</b></p> <p>10:00am to 4:00pm MHFA Training</p> <p>11:30am to 12:30pm Socialization Skill Building w/Jesus</p> <p>2:30pm to 4:00pm NA Meeting</p>	