

PEER ALLIANCE RECOVERY CENTER (PARC) BRONX

September 2024 Calendar of Activities

BRONX – 510 Courtlandt Ave, 2nd Floor / Bronx NY 10451 (929)-244-1500 / parcbronx@samaritanvillage.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Parc Bronx Closed <i>Labor Day Holiday</i>	3 11:30am to 12:30pm <i>Introduction to Parc Services & Orientation w/Mayra</i>	4 11:30pm to 12:30pm <i>Exploring Social Anxiety w/Chuck</i>	5 3:00pm to 5:00pm <i>Recovery Club – Recreation w/Chuck</i>	6 11:30am to 12:30pm <i>Arts & Crafts s/Antoinette</i> 2:30pm to 4:00pm <i>NA Meeting</i>	7 CLOSED
9 11:30am to 12:30pm <i>Old Behaviors in New life w/Jesus</i> 2:30pm to 3:30pm <i>Positive Vibes w/Marnette</i>	10 Recovery Festival RSVP required Parc Bronx Closed	11 11:30am to 12:30pm <i>Personal Responsibility in Recovery w/Mayra</i> 7:00pm to 8:00pm <i>Staying Connected Mtg. Zoom ID: 567 484 6336</i>	12 3:00pm to 5:00pm <i>Recovery Club – Musical Exercise & Stretching w/Mayra</i>	13 12:00pm to 1:30pm <i>Virtual Narcan Training</i> 2:30pm to 4:00pm <i>NA Meeting</i>	14 10:30am to 1:30pm <i>Movie Matinee – The Plane w/Mayra & Antoinette</i>
16 1:00pm to 2:00pm <i>Self-Talk w/Byron</i>	17 11:30am to 12:30pm <i>Introduction & Orientation to Parc Services w/Antoinette</i> 2:30pm to 3:30pm <i>Positive Vibes w/Marnette</i>	18 11:30am to 12:30pm <i>Health & Hygiene in Recovery w/Antoinette</i> 1:00pm-2:00pm <i>Fall Arts workshop w/Jesus</i> 7:00pm to 8:00pm <i>Staying Connected Mtg. Zoom ID: 567 484 6336</i>	19 3:00pm to 5:00pm <i>Recovery Club – Karaoke w/Myra</i>	20 11:30am – 12:30pm <i>Arts & Crafts w/Antoinette</i> 2:30pm to 4:00pm <i>NA Meeting</i>	21 CLOSED
23 1:30pm to 2:30pm <i>Women’s Group w/Marnette</i>	24 11:30am to 12:30pm <i>Coffee and Communication w/Antionette</i> 3:00pm to 4:00pm <i>Men’s Workshop “From Boyz to Responsible Men” w/Byron</i>	25 11:30am to 12:30pm <i>Financial Literacy workshop w/Chuck & MCU</i> 7:00pm to 8:00pm <i>Staying Connected Mtg. Zoom ID: 567 484 6336</i>	26 11:30am to 12:30pm <i>Health & Hygiene W/Antoinette</i> 3:00pm to 5:00pm <i>Recovery Club – Let’s Dance and Celebrate Recovery w/Annette</i>	27 12:00pm to 1:30pm <i>Virtual Narcan Training</i> 1;00pm to 2:00pm <i>Self-Talk w/Byron</i> 2:30pm to 4:00pm <i>NA Meeting</i>	28 CLOSED
30 1:00pm to 2:00pm <i>Educational Development w/Joe</i>	 <p align="center">— NATIONAL — RECOVERY MONTH — SEPTEMBER —</p>		Computer Lab is open daily from 10a to 5p For more information on TRAININGS, contact us at (929) 244-1500 or parcbronx@samaritanvillage.org		