

### **Residential Treatment Programs**



#### **Reclaiming Life with Residential Treatment**

Recovery from alcohol and drug addiction can be the single most challenging journey of a person's life. For some, freedom from substance use disorder begins with intensive, 24/7 treatment.

Samaritan Daytop Village's Residential Treatment Program offers holistic behavioral and primary health care in a safe, trauma-informed setting. Clients gain stability, receive treatment and find the resources needed to return to their communities free from addiction.

Laying the groundwork for recovery, residential treatment has a multidisciplinary team of experts including physicians, nurses, addiction counselors, social workers, vocational counselors and recovery coaches. Working together, the team relies on a range of evidence-based interventions and protocols including:

- Medication for addictive disorders,
- Individualized counseling using cognitive behavioral therapy,
- Targeted group interventions,
- Academic, functional and vocational skills development, and
- Enhanced programs and services from partnering organizations.

Our facilities stretch from midtown Manhattan to the lower Hudson Valley. On-site amenities vary such as indoor basketball, exercise gym and on-site childcare. No matter the location or the client – men, women, young mothers or veterans – our commitment to a quality continuum of care remains the same.

# **Supporting Our Military Veterans**

Samaritan Daytop Village is proud of our nationally acclaimed treatment programs for veterans. We provide gender-specific care with one facility for women in Ulster County and two for men in Manhattan and Queens. Clients are accepted regardless of military discharge status.

## Partnership with the Criminal Justice System

Through our longtime partnership with the criminal justice system, we offer treatment and prevention programs for individuals involved with the NYC Department of Corrections as well as Drug, Family and Veteran Courts throughout the state of New York.



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#### **Five Elements of Care and Recovery**

The journey to recovery often starts with a call to our clinical experts in Admissions. The client progresses from one stage to the next based on the completion of goals set by the team.



#### 1 - Admissions

- Intake interview
- Behavioral and physical health assessment
- Treatment planning
- Program placement
- Bed reservation
- Transportation to facility

#### 2 - Stabilization

- Medically supervised detoxification
- Address mental health disorders
- Medication (as needed)
- Stage is completed when there are:
  - No withdrawal symptoms
  - Little to no medication side effects
  - No uncontrollable cravings

#### 3 - Rehabilitation

- Individualized plans (Recovery, Employment and Discharge)
  - Create achievable goals at client's pace
- Clinical interventions focus on strengths
- Introduce the recovery community
- Identify educational and vocational services

#### 4- Reintegration

- Resolve barriers to community reintegration
- Reconnect with and mend past relationships
  - Family
  - Community
  - Child(ren)
    - Liaison with custodial family
- Work with Family Court
- Services and partnerships to:
  - Improve social skills
  - Receive vocational and employment readiness training
  - Benefit from job search support
  - Identify housing assistance
  - Learn about community support

#### 5 - Recovery

- Post-treatment support
- Community resources
- Access to resources at PARC (Peer Alliance Recovery Centers) in Queens and the Bronx
- Recovery Coach training and internships
- Samaritan Daytop Alumni Association (for clients)
- Samaritan Daytop Family Association (for family)

## **Residential Treatment Programs**

#### Services for Individuals and Families

Samaritan Daytop Village supports the whole person throughout treatment and recovery. Clients thrive with the personalized attention they receive from our team of clinical, medical, psychological, social, educational and recreational experts. We also address the special needs of family members throughout the client's journey.

#### **Intervention Types**

- Individual and group therapy
- Medication-assisted treatment
- Cognitive behavioral therapy
- Medical evaluations and coordination of care
- Psychiatric assessments, treatment and medical management
- Psychological assessments

#### **Skills Building**

- Stress management/coping skills
- Adult Basic Education and HSE/TASC preparation
- Employment (soft- and hard-skills) training
- Vocational training (food services, maintenance, etc.)
- Work readiness

## **Evidence-Based Treatment Groups**

- Relapse Prevention
- Anger Management
- Dialectical Behavioral Therapy (sitespecific availability)
- Seeking Safety
- Thinking for a Change
- Wellness Self-Management



#### **Other Services**

- Creative art therapy
- Exercise
- Family supportive counseling
- Family association membership
- Recovery activities
- Recovery coach training
- Recreational activities (in the facility and community)
- Spirituality groups
- Yoqa
- 24/7 Childcare (Young Mothers Program only)

PROGRAM	CLIENTS	BEDS
Bronx		
Highbridge Residential Treatment Program Bronx, NY 10452	Men	60
Manhattan		
43rd Street Veterans Program New York, NY 10036	Men	48
Veritas House New York, NY 10025	Women & Men	36
Young Mothers Program (Treatment for pregnant or post-partum women; on-site childcare for children aged 3 or younger) New York, NY 10025	Women	36 (& 30 cribs)
Queens		
Ed Thompson Veterans Program Richmond Hill, NY 11435	Men	50
Richmond Hill Medically Assisted Treatment and Recovery Center Richmond Hill, NY 11418	Women & Men	104
Van Wyck Residential Treatment Program Jamaica, NY 11435	Men & Women	96
Beyond NYC		
Cape Road Residential Treatment Program Ellenville, NY 12428	Men	80
Ellenville Residential Treatment Program Ellenville, NY 12428	Women & Men	135
Fox Run Residential Treatment Program Rhinebeck, NY 12572	Men	92
Meadow Run Residential Treatment Program Rhinebeck, NY 12572	Men	56
Women Veterans Program Ellenville, NY 12428	Women	25

## WHERE GOOD LIVES®

#### Every day good wakes up and rolls up its sleeves at Samaritan Daytop Village.

For over 60 years, Samaritan Daytop Village has been improving the quality of life for New Yorkers. We are nationally recognized for our treatment of substance use disorder as well as for the veteranspecific approach we pioneered. Our continuum of services also includes health and mental health care, transitional and supportive housing, educational and vocational assistance, peer-assisted recovery, and specialized programs for adolescents, families and seniors.

Annually, Samaritan Daytop Village serves over 33,000 people at more than 60 facilities throughout New York City, Long Island and the lower Hudson Valley, and we continue to grow.



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