



Samaritan Daytop Village

WHERE GOOD LIVES™

**WOODSIDE SENIOR
CENTER**



WOODSIDE SENIOR CENTER

Woodside Senior Center is a vibrant gathering place and a beacon of information and activity in Queens.

Located on the grounds of the New York City Housing Authority's Woodside Houses, the senior center provides a wide range of services to a diverse group of more than 500 seniors from the Woodside, Astoria and Long Island City neighborhoods in Queens.

Seniors aged 60 and older embrace an active, healthy lifestyle at Woodside Senior Center.

In operation at its current location since 2003, the center features multiple recreation rooms and classrooms, and a bustling dining area popular among our membership.

Samaritan Daytop Village operates the 7,000-square-foot accessible facility under a contract with the New York City Department for the Aging.

The Center is open Monday – Friday from 7:45 a.m. – 3:45 p.m., and is closed on Federal holidays.

Activities Catered to Members' Enjoyment

Every day there is something to do or learn at Woodside. Members have the freedom to use the lounge and recreation areas without restrictions, connect with friends, and engage in more than 30 free activities a week.

Our activities vary from fitness, art and computer classes to senior-focused lectures and organized trips.

Activities, including classes, feature a rolling registration so members can join at any time to take advantage of what we have to offer.

Members can choose from:

- **Recreation** – Arts and crafts (crochet, needlepoint and painting); leisure games (bingo, ping pong, etc.); Movie Club; birthday and holiday celebrations; field trips
- **Fitness** – Walking Club; yoga, dance and exercise classes
- **Education** – Computer labs; English as a Second Language classes
- **Healthcare** – Semi-monthly blood pressure checks; weekly healthcare-focused lecture series

Nutritious, Low-Cost Meals

Woodside offers nutritious meals from Monday – Friday. Breakfast is served from 8:30 a.m. – 9:30 a.m., and lunch is served from 12:00 p.m. – 1:00 p.m. Members can make a contribution of \$1.50 for breakfast and \$2 for lunch. Meals are certified by the NYC Department for the Aging.

Meet with Our Case Coordinators

As a member of the Woodside Senior Center community, you can receive personal assistance from our helpful staff members. Seniors and their family members can speak with our Case

Coordinators to receive information and advice on obtaining Social Security Insurance, Medicare or other entitlements; geriatric mental health services; emergency assistance; or other services that address seniors' needs. For an appointment, call 718-932-6916.

Eligibility:

To become a member of the Woodside Senior Center, you must:

- Be 60 years of age or older (waived for individuals with disabilities)
- Live in one of the five boroughs of New York City
- Show New York State identification



WHERE GOOD LIVES™

Every day good wakes up and rolls up its sleeves at Samaritan Daytop Village.

For nearly 60 years, Samaritan Daytop Village has been improving the quality of life for New Yorkers. We are nationally recognized for our treatment of substance use disorder as well as for the veteran-specific approach we pioneered. Our continuum of services also includes health and mental health care, transitional and

supportive housing, educational and vocational assistance, peer-assisted recovery, and specialized programs for adolescents, families and seniors.

Annually, Samaritan Daytop Village serves over 33,000 people at more than 50 facilities throughout New York City, Long Island and upstate New York, and we continue to grow. With our dedicated staff and partners in the community, we find the Good within the people we serve.



Samaritan Daytop Village

WHERE GOOD LIVES™

Woodside Senior Center
50-37 Newtown Road, Bldg. 19
Woodside, NY 11377
Phone: 718-932-6916
Fax: 718-932-6911
woodsides@samaritanvillage.org
www.samaritanvillage.org



DIRECTIONS

By SUBWAY

Take the M or the R train to 46th Street/Broadway station or the Northern Blvd.

By BUS

Take the Q66 Flushing "LIC-bound," Q18 Maspeth line and Q104 from 48th Street

By CAR

Street parking is limited; metered parking is available along Northern Blvd.

From Queens and Brooklyn (and to avoid city traffic)

Take the BQE and exit at Northern Blvd.

From midtown Manhattan

Take the Ed Koch Bridge (Queens borough Bridge) at 59th Street and follow signs to Northern Blvd. until Broadway/50th Street