



**Samaritan
Daytop
Village**
WHERE GOOD LIVES®

WOODSIDE SENIOR CENTER

Monthly Activities for April 2022

50-37 Newtown Ave. • Queens, NY 11377 • (718) 932-6916

Monday	Tuesday	Wednesday	Thursday	Friday
				1 9:30a-10:30a Crochet w/ Mary Dubois 10a-11a Tai-Chi Class w/ Sheree 11a-12p Exercise w/ Lillian 1p-2:30p Bingo w/ Carmen
4 10a-11a Discussion Group w/ Frank 11a-12p Yoga w/ Marilyn 12p-1p Braata Theater 1p-2:30p Bingo w/ Carmen	5 9:30a-2:30p Painting w/ Roberta 11a-12p Yoga w/ Marilyn	6 10a-11a Tai-Chi Class w/ Sheree 11a-12p Technology Training w/ Loulise 12p-1p Braata Theater 1p-2:30p Bingo w/ Carmen	7 10a-12p Technology Training w/ Michael 11a-12p Zumba w/ Lillian 1p-1:30p Support Group for Seniors w/ Ms. Chestnut	8 9:30a-10:30a Crochet w/ Mary 10a-11a Tai-Chi Class w/ Sheree 11a-12p Exercise w/ Lillian 1p-2:30p Bingo w/ Carmen
11 10a-11a Walk With Ease w/ Gerard 10a-11p Discussion Group w/ Frank 11a-12p Yoga w/ Marilyn 12p-1p Braata Theater 1p-2:30p Bingo w/ Carmen	12 9:30a-2:30p Painting w/ Roberta 11a-12p Yoga w/ Marilyn 1p-2:30p Sewing Class w/ Ruth	13 10a-11a Tai-Chi Class w/ Sheree 11a-12p Technology Training w/ Loulise 11:30a-12:30p Braata Theater 1p-2:30p Bingo w/ Carmen	14 10a-12p Technology Training w/ Michael 11a-12p Zumba w/ Lillian 1p-1:30p Support Group for Seniors w/ Ms. Chestnut 1:30p-3p Game Day	15 9:30a-10:30a Crochet w/ Mary 10a-11a Tai-Chi Class w/ Sheree 11a-12p Exercise w/ Lillian 1p-2:30p Bingo w/ Carmen



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18 10a-11a Walk With Ease w/ Gerard 10a-11p Discussion Group w/ Frank 11a-12p Yoga w/ Marilyn 12p-1p Braata Theater 1p-2:30p Bingo w/ Carmen	19 9:30a-2:30p Painting w/ Roberta 11a-12p Yoga w/ Marilyn 1p-2:30p Sewing Class w/ Ruth	20 10a-11a Tai-Chi Class w/ Sheree 11a-12p Technology Training w/ Loulise 11:30a-12:30p Braata Theater 1p-2:30p Bingo w/ Carmen	21 10a-12p Technology Training w/ Michael 11a-12p Zumba w/ Lillian 1p-1:30p Support Group for Seniors w/ Ms. Chestnut 1:30p-3p Movie Day	22 9:30a-10:30a Crochet w/ Mary 10a-11a Tai-Chi Class w/ Sheree 11a-12p Exercise w/ Lillian 1p-2:30p Bingo w/ Carmen
25 10a-11a Walk With Ease w/ Gerard 10a-11p Discussion Group w/ Frank 11a-12p Yoga w/ Marilyn 12p-1p Braata Theater 1p-2:30p Bingo w/ Carmen	26 9:30a-2:30p Painting w/ Roberta 11a-12p Yoga w/ Marilyn 11:30a-12:30p Nutrition Workshop (Zoom) w/ Sara 1p-2:30p Sewing Class w/ Ruth	27 10a-11a Tai-Chi Class w/ Sheree 11a-12p Technology Training w/ Loulise 11:30a-12:30p Braata Theater 1p-2:30p Bingo w/ Carmen	28 10a-12p Technology Training w/ Michael 11a-12p Zumba w/ Lillian 1p-1:30p Support Group for Seniors w/ Ms. Chestnut 1:30p-3p Spiritual Thursday	29 9:30a-10:30a Crochet w/ Mary 10a-11a Tai-Chi Class w/ Sheree 11a-12p Exercise w/ Lillian 1p-2:30p Seniors Birthday Bash

*Subject to Change

Funded by NYC Department of Aging

Computers are open Monday – Friday from 10 a.m. -3 p.m.